



Trabajo de Procesos. La Escuela

in Barcelona



Dancing Through Parallel Worlds

altered states with and movement

With **Kate Jobe & Gill Emslie**

31 May - 1 June, 2019 (training days 2 & 3 June)

Supervision Intensive

*Dropping the Program
& Following the Flow*

with **Lily Vassiliou,
Boris Sopko & Gill Emslie**

27 - 30 June, 2019

Harm & Accountability

*A process work approach
to relationship reparation*

With **Jan Dworkin & Neus Andreu**

18th - 20th October, 2019 (training day 19th)

The Shaman's Gift

With **Gill Emslie & Andrew Smith**

6 - 8 December, 2019 (training days 9th and 10th)

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Dancing Through Parallel Worlds

Altered states with and movement

With **Kate Jobe & Gill Emslie**

31 May - 1 June, 2019 (training days 2 & 3 June)

In this training seminar we will learn:

- > Methods to recognize and interact with people experiencing "parallel worlds" or altered states of consciousness (ASC)
- > Develop and deepen skills to facilitate our own and others altered states, and our edges to them.
- > How to use movement is for working with altered states
- > How to notice signals in those on the verge of extreme states of consciousness
- > How to communicate with people in withdrawn states of consciousness (coma, dementia) and more.

Supervision Intensive

Dropping the Program & Following the Flow

with **Lily Vassiliou, Boris Sopko & Gill Emslie**

27 - 30 June, 2019

Join us in creating a space to experience the magic of learning and honing our skills and meta skills together.

The focus will be on cultivating our ability to be in the present, observe and follow the emergent process within ourselves and in our individual, relationship and group work.

Harm & Accountability

A process work approach to relationship reparation

With **Jan Dworkin** assisted by **Neus Andreu**

18th - 20th October, 2019 (training day 19th)

It is very common to feel wounded or hurt in relationships. It is equally common to be accused of causing harm to others. Recovering from the hurt we experience and repairing the hurt we create are two of the greatest challenges of relationship life.

In this training seminar we will learn how to be accountable in personal relationships - in moment to moment, real-time interactions, as well as when discussing the past. We'll gain greater understanding about the impact of collective traumas on our relationship lives. Hidden under our intense emotions, we will uncover and work with history, at the same time, learning skills to make our current relationships more satisfying and sustainable.

The Shaman's Gift

With **Gill Emslie & Andrew Smith**

6 - 8 December, 2019 (training days 9th and 10th)

"..... the struggle to be yourself against inner forces and outer rules, determines in part the length of personal life. it is a contest with self-doubt and society over dropping into dreamtime. It is the precursor to a culture in which we create and dream together." **Arny Mindell**

This facilitator training will delve deeply into one's personal calling, bringing a deeper understanding of oneself and bridging the individual and community, adding a multidimensional perspective to our facilitation in one to one, relationship, group and organisational settings.