

Foundation Year 2022

Annual training in process work



Barcelona, Catalunya, Spain

This is a complete course designed to delve deeply into the philosophy, theory, meta-skills and methods of Process Work, and their connections with other schools of thought. The program is based on three learning foundations:

- Learning in community
- Connecting our inner and outer worlds
- Mentoring and individual sessions

Students work in a group context, formed by groups of peers who progress together through the program, as part of a learning community.

This training model accelerates the learning process through the rich exchange of experiences and ideas that occurs in the relational and community environment. The student support network continues to work together between seminars and training days through online learning, sharing groups and conference calls.

Process-oriented facilitation is more than a set of skills. It is a lifestyle of constant learning that connects our inner experiences with the world around us. The program is designed to improve participants' careers and nurture their personal and professional goals. The creative application of facilitation skills in different areas of interest is encouraged.

The students are guided throughout their studies by an individual facilitator and a mentor. These two relationships are cornerstones for the learning. Through individual facilitation you will learn about yourself and your life process in more personal way and mentor will support you in developing more process work perspective on issues you are dealing with as professional and also in developing practical skills supporting you as professional.

We can recommend Foundation training to you, if you are:

- Interested to get to know yourself more as human being and to live closer to your potential
- Interested in developing a process work perspective on life and its challenges occurring through relationships; being part of groups or communities;
- Interested in health issues like body symptoms; altered or extreme states of consciousness and also dreams and fantasies
- Interested in developing many of the skills and meta skills needed in the facilitation of challenging situations
- Interested as professional to deepen your skills in facilitating individual and group processes.

Language

The seminars are usually in English with Spanish translation. Most of mentors and therapists and supervisors speak English.

The training will give you:

- An understanding of the frameworks and structures used in Processwork to map processes and inform facilitative interventions.
- A knowledge of the different applications of Processwork.
- Have had practical experience of some tools and facilitative techniques used and identified those they feel more at ease with as well as having a deeper understanding of their learning edges and the connection to the dreaming level.
- An increased awareness of their own personal and professional goals and individuation process (or the individual process of personal growth) and the relationship between these.

During the training you will do:

- individual sessions with personal facilitator - min 20 hours
- mentoring sessions - 4 hours of individual sessions + 9 h of groupal sessions
- training days - 21 days between Fundamentals, seminars, training days and dojos.
- peer group - 2 hours/month
- Community day - 1 day

Calendar:

14.-16.1.2022 Fundamentals with César Fernández and Anna Pujol

11.-13.2.2022 Seminar: Ecology, emergency, edges with Andy Smith and Gill Emslie

14.-15.2.2022 Training days with Andy Smith + Gill Emslie

8.4.2022 Dojo: Obstacles to curiosity with Kate Jobe and Boris Sopko

26.-28.5.2022 Seminar: "Worldwork" Unity in diversity with Gill Emslie and Neus Andreu.

29.-31.5.2022 Training day with Gill Emslie and Neus Andreu

1.6.2022 Community day

1.7.2022 Supervision Dojo

16.-18.9.2022 Seminar: Creativity with Kate Jobe and Andy Smith

19.-20.9.2022 Días Entrenamiento con Kate Jobe and Andy Smith

2.12.2022 Dojo: Altered and Extreme states with Lily Vassilliou and Boris Sopko

To get more information and to sign in write to info@trabajodeprocesos.net or visit www.trabajodeprocesos.net.