

## **FOUNDATION YEAR**

The Foundation Year is a prerequisite to access the Diploma program. It is a 12 month, part time course which, also serves as a stand-alone, practical and theoretical introduction to several applications of Processwork for those interested in personal and professional development.

### **BY THE END OF THE YEAR, THE PARTICIPANT WILL HAVE ACQUIRED**

- Frameworks and structures to “map” processes and allow intervention and facilitation.
- Knowledge of the different applications of Process Work.
- Practical experience with different tools and facilitation techniques.
- A deeper knowledge of their learning edges and connection with their underlying dreaming processes.
- Greater awareness of their personal / professional goals and sense of feeling on track.

### **WHO IS IT FOR?**

The Foundation year is for all those interested in Processwork as both personal development and professional skills development. All ages and educational backgrounds are welcome, although a commitment to engaging with the training and passing the admissions process are needed.

## WHAT DOES IT CONSIST OF?

### Introduction

This is a complete course designed to delve deeply into the philosophy, theory, meta-skills and methods of Process Work, and their connections with other schools of thought.

The program is based on three learning foundations

- Learning in community
- Uniting the inner and outer worlds
- Mentoring and individual sessions

### Learning in community

Students work in a group context, formed by groups of peers who progress together through the program, as part of a learning community.

This training model accelerates the learning process through the rich exchange of experiences and ideas that occurs in the relational and community environment. The student support network continues to work together between seminars and training days through online learning, sharing groups and conference calls.

### Uniting the inner and the outer world

Process-oriented facilitation is more than a set of skills. It is a lifestyle of constant learning that connects our inner experiences with the world around us.

The program is designed to improve students' careers and nurture their personal and professional goals. The creative application of facilitation skills in different areas of interest is encouraged.

### **Mentoring and individual sessions**

Personal interaction and the mentor-student relationship is a cornerstone of the Diploma program. The students of the School are guided throughout their studies by an individual facilitator and a study committee formed by two members of his/her choice.

The facilitator and study **committee** provide guidance, support and feedback. The members of the study committee thus become the main support, point of contact and orientation for the student in the program. In addition, supervisors and practice supervisors also provide ongoing individual guidance and support for students throughout the program

### **ADMISSION PROCESS**

1. Fill and send the form (which you will find on the page below)
2. An individual session (via Skype) with a Process Worker in which to explore the intention for your entry into the training program together
3. A written summary of the individual session.
4. Your application must include
  - Your personal information
  - Curriculum vitae
  - Summary of the therapy session
5. Make an interview (via Skype) with two Process Workers.

The cost of entrance process is € 120. It includes the therapy session (50€) and the interview (120€). It is possible not to pass the entry process, which does not entitle you to return your cost.

Once you have completed the entry process and been accepted, your registration is confirmed by payment of the course fee (€ 350 / year).