

WHO IS CHASING ME?

Process work approach in working with
dreams, fantasies and memories

with

Boris Sopko and Neus Andreu Monsech

BARCELONA, 28.2. - 1.3.2020

"Once upon a time, I dreamt I was a butterfly, fluttering hither and thither, to all intents and purposes a butterfly. I was conscious only of my happiness as a butterfly, unaware that I was myself. Soon I awoke, and there I was, veritably myself again. Now I do not know whether I was then a man dreaming I was a butterfly, or whether I am now a butterfly, dreaming I am a man."
Zhuangzi, *The Butterfly as Companion: Meditations on the First Three Chapters of the Chuang-Tzu*

Dreams, memories and fantasies are a very important source of information for our development. In our understanding they are connecting us with our wholeness and give us support to be more ourselves in surprising and unexpected ways.

What is meaning behind nightmares? How to work with invasive repetitive memories? What is meaningful about out "unappropriate" sexual fantasies? Where do they come from? What kind of messages do they bring to us as individuals, to our relationships and to our communities?

We are inviting you to exploratory journey into exciting and mysterious inner places. You will learn about process work understanding of dreams and dreaming. You will get creative tools to work with nightmares, repetitive memories or disturbing fantasies, to support yourself and others on their life path. Seminar will be both experiential and with process work theory.

Seminar will be useful for you, if:

- You like night time dreams and are fascinated by their language and hidden meaning
- You want to understand the function of repetitive and intrusive memories
- You would like to know more about process work
- You would like to know more yourself
- You are looking for inspiration and tools for working with your clients dreams
- You are looking for inspiration and tools for working with your clients fantasies

note: cover photo by Dom J from Pexels

Location:

Barcelona, venue will be announced

Seminar fee: 300€

You are registered after you payed the seminar fee.

(EARLY BIRD for students of LA ESCUELA and also for students of process work in other training centres registered by IAPOP is **265€**, if registered before **February 7, 2020**).

After those dates seminar fee becomes the same as for general public - 300€. You are registered after you filled the registration form and payed seminar fee.

Training Day: 80 € (only for formal students of process work)

Registration:

<https://forms.gle/sLBDSEEdN6FtCAQe6>

Language: all seminar will be in English and Spanish with translation

Boris Sopko, I am originally clinical psychologist and psychotherapist working with individuals, couples and groups. I am also an international teacher in Process Work, and also member of the faculties in Process Work trainings in Spain and in Slovakia. I was born and grew up in the east of Slovakia and last years I am living with Neus and our family in Barcelona. I like nature, especially mountains and sea, love to make pictures and grow up vegetables in the garden.

Neus Andreu Monsech, I am a group facilitator, trainer and organizational consultant, I also accompany people and couples on their way. My passion is to support organizations, communities, groups and people in times of change or crisis. I believe in difficult times and I trust that, with the necessary support, they can become sources of unique learning and development. I am Process Work Diplomate and studied in the UK (Processworkuk.org)

Dates:

Seminar:

Friday February 28, 2020
from 16:00 to 19:30 (aprox)

Saturday February 29, 2020

from 10:00 to 14:00 and
from 15:30 to 19:00

Sunday March 1, 2020

from 10:00 to 14:00 and
from 15h30 to 17:30

Training Days:

For students of process work

Monday March 2, 2020

from 10:00 to 14:00 and
from 15:30 to 17:30

Tuesday March 3, 2020

from 10:00 to 14:00 and
from 15:30 to 17:30

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