




Trabajo de Procesos. La Escuela

in Barcelona



Who is chasing me? Hunting Our Dreams, Nightmares, Memories and Disturbing Fantasies

with *Boris Sopko and Neus Andreu Monsech*
28 February - 1 March 2020
(Training days 2 & 3 March)

Tracking Down a Change

with *Gill Emslie and Boris Sopko*
8 May - 10 May 2020
(Training days 11 & 12 May)

Supervision Intensive

with *Gill Emslie, Andy Smith and Kate Jobe*
3-5 July 2020

Deep bodywork

with *Lily Vassiliou and Andy Smith*
25 - 27 September 2020
(Training days 28 & 29 September)

Inner Resilience for People and the Planet. A Processwork small and large group facilitation training

with *Gill Emslie and Lily Vassiliou*
4 - 6 December 2020
(Training days 7 & 8 December)

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What is meaning behind nightmares? How to work with invasive repetitive memories? What is the meaning of our "disturbing" sexual fantasies? Where do they come from? What kind of messages do they bring to us as individuals and to our communities? We are inviting you to exploratory journey into exciting and mysterious inner places. You will learn about process work understanding of dreams and dreaming. And will get creative tools to support yourself and others on this path through the life.

Tracking Down a Change

with *Gill Emslie and Boris Sopko*
8 May - 10 May 2020
(Training days 11 & 12 May)

How do we notice upcoming change or imminent crisis? Do we have agency where we can influence these events before they happen or are we simply at the mercy of forces greater than ourselves? Personal difficulties, conflicts and relationship crises can be one signal of emerging new phase. In this journey you will learn to listen to your deepest hunches and focus on how to deal with imminent or unexpected changes within you, in your relationships & teams.

Supervision Intensive

with *Gill Emslie, Andy Smith and Kate Jobe*
3 - 5 July 2020

An opportunity for any student of Processwork! This mini intensive will focus on developing your inner supervisor, can our critics develop more into coaches? Three days of skills development in Processwork facilitation. This is an essential, in-depth training for all students interested in deepening and honing their skills and meta-skills.

Deep bodywork

with *Lily Vassiliou and Andy Smith*
25 - 27 September 2020
(Training days 28 & 29 September)

Our bodies have a wild uncanny and unpredictable wisdom, often unmediated by our thinking minds, belief systems and the pressures of consensus reality. But how can we unfold and make sense of these deep body experiences and live their wisdom. A skills training in deep body work, working with coma and other proprioceptive and somatic experiences.

Inner Resilience for People and the Planet. A Processwork small and large group facilitation training

with *Gill Emslie and Lily Vassiliou*
4 - 6 December 2020
(Training days 7 & 8 December)

In these times of climate emergency, social injustice and uncertainty are you called to respond? Called to facilitate and take action? Or do you get triggered, loose your centre, feel overwhelmed by it all and 'switch off'? You are not alone! This training will support participants to discover their innate connections with each other and the self-healing powers of the web of life, transforming despair and overwhelm into inspired collaborative action. It will also focus on developing the skills and meta-skills needed to facilitate large and small group conflicts.