

## **Deep Democracy**

Relationships in the World: A Facilitation training

with Gill Emslie Ph.D. & Lily Vassiliou Ph.D.

Friday 1 March 16:00 - 19.30 Saturday 2 March 10:00 - 19.30 Sunday 3 March 10:00 - 17.30

**Training days students only**Monday 4 & Tuesday 5 March 10:00 - 17.30

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www.trabajodeprocesos.net

## **Deep Democracy**

## Relationships in the World: A Facilitation training

In these challenging times of the breakdown of our ecosystems, crisis in leadership, economic uncertainty, and lack of social and ethical justice it is clear that a change of consciousness and a different way of relating to each other, and to the world, are needed.

It is a time when our leadership is called forth. Many of us are looking for new ways to facilitate dialogue, collaboration and shift our listening beyond unconscious bias and prejudice, to a deeper understanding that can lead to a co-creation of new ways of being together and on our planet.

How can we truly make space for all voices? How can we hold and facilitate the emotional intensity of the interactions that we need to have between the oppressor and the oppressed? What is the work that we need to do with ourselves and with each other?

We need one another and the container we build together to create the cracks through which our collective intelligence can come through to shed its light.

In this training seminar we will develop skills using experiential methods including inner work, working in pairs, small groups and in the large group.

This training is of interest to all those who work with groups in any setting.

## **Processwork**

Our work is informed by Processwork, developed by Arnold Mindell, with its multidimensional framework and philosophy of Deep Democracy. This interdisciplinary approach has embodied learning and increasing awareness at its heart. The approach values an individual or group's explicit goals and intentions while recognizing the wisdom hidden within their implicit dynamics. Challenges, conflicts, failures and setbacks are transformed into fuel for creative transformation and growth.



Gill Emslie Ph.D.

Processwork facilitator and worldworker, emphasizes deepening democracy and social change in her work internationally, focusing on issues such as leadership, social and environmental justice and conflict facilitation. Founder of the Processwork Institute in Spain, when she is not travelling she lives and works in the Findhorn eco-village in Scotland, an NGO and sustainability training centre.



Lily Vassiliou Ph.D. PW.Dipl.

Processwork facilitator, with a background in social work, systems theory and group dynamics, works in Greece and internationally as processwork trainer, facilitator and counselor. Her passion is worldwork. Being acutely aware of escalating tensions on the planet, she seeks ways to be actively involved in holding and working with them. Co-founder of Processwork Hub in Greece, faculty member of the Processwork Institute in Portland, Oregon, USA & the Processwork Institute in Spain, loves her taiji and meditation practices and sleeping outdoors in the summer to the sound of the sea.

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